

Safety

If you have concerns about your personal safety then please contact the West Yorkshire Police for advice on 101. In an emergency always call 999.

Feedback

We love receiving positive feedback about the service we provide, but we are also happy to receive any suggestions for improvements. Knowing what we are doing right, and what we could do better, will help us to continue delivering excellent care. You can leave us feedback in-person at the SARC or on our website: www.hazlehurstcentre.org

Helpful Organisations

These are other places that you can contact if you would like their support. We can also contact them for you.

West Yorkshire Independent Sexual Violence Advisor (ISVA) Service **03303 031 971**

Bradford Rape Crisis and Sexual Abuse Survivors Service **01274 308270**

Survivors West Yorkshire (SWY) - Specialist sexual abuse support service **01274 965009**

Survivors UK - Information, support and counselling for male victims/survivors of rape and sexual abuse **02035 983898**

Kirklees Rape and Sexual Abuse Counselling Centre **01484 450040**

Women's Centre Calderdale and Kirklees Support after Rape and Sexual Violence Leeds (SARSVL) **0808 802 3344**

Basis Yorkshire (safety, information and support for women and young people) **0113 2430036**

Yorkshire MESMAC - Sexual health services for BAME people, LGB&T people, sex workers and those misusing drugs www.mesmac.co.uk

Drug Rehab - An online resource providing information and support on addiction www.drugrehab.com/addiction/alcohol

West Yorkshire Sexual Assault Referral Centre The Hazlehurst Centre

Confidential healthcare and support for children, young people and adults in West Yorkshire



Tel: **0330 223 3617**
hazlehurstcentre.org



Service provided by:
 MOUNTAIN
HEALTHCARE

Contact us

Sunningdale House
10 Turnberry Park Rd
Gildersome, LS27 7LE

hazlehurstcentre.sarc@nhs.net
hazlehurstcentre.org



Welcome to the Hazlehurst Centre

The Hazlehurst Centre Sexual Assault Referral Centre (SARC) offers free support and practical help to anyone in West Yorkshire who has experienced sexual assault. Our service is completely confidential, and you do not have to give any personal information in order to get help.

Our service is available 24-hours a day, every day of the year on **0330 223 3617**.

At the centre you will be offered support and guidance, a medical assessment/treatment, a forensic examination, and the opportunity of aftercare referrals for support services. Clients will be offered these services based on their individual needs and can choose to use as much or as little of our service as they wish.

You will need to have an appointment before coming to the centre.

If you are aged 16 years or older and do not want a parent or the police involved, you can make an appointment yourself to come to the centre during the hours of 08:00-20:00. Please call us to arrange an appointment.

If you want help from the police, they can make an appointment for you and bring you to and from the centre.



Before your appointment

The centre staff may provide you with advice on how to preserve evidence before attending your appointment such as not washing or brushing your teeth. However, we understand that these things may have already happened. This is ok and you can still attend your appointment.

You will probably be at the centre between 2 to 4 hours, this depends on the care and support you need so you may want to wear or bring some comfy clothes to change in to. Please try to not arrive early for your appointment so we can make sure we are ready for you when you get to the centre. If you think you are going to be early or late, please call us.

At your appointment

If you wish, you can bring someone with you to your appointment. When you arrive at the centre you will meet our crisis worker and one of our nurses. Your crisis worker will stay with you throughout your time at the centre to help and guide you. They can answer any questions you have and explain what will happen during your appointment.

We can discuss your emergency contraception needs. The sooner the emergency contraceptive pill is taken, the more successful it is. It is available to you if required (free of charge). Our team can also provide immediate sexual healthcare advice and can give you information about screening for sexually transmitted infections (STIs). We do not complete STI screening at the SARC but can refer you to sexual health services for this.

“You deserve to be heard and believed. We believe you.”

Medical examination

If something has happened within the last 7 days, we will give you the option to have an examination, which can help to preserve any evidence. We can offer this even if you do not want to involve the police now but feel you may want to in the future. In this instance all samples will be stored in our freezer for 2 years should you later decide to report what happened to the police.

Before our crisis worker and nurse show you to the care room, they will undertake a full medical assessment then ask you to sign a consent form to confirm that you are happy to go ahead with the examination. If you are uncomfortable at any point, let your crisis worker or nurse know and they will stop. You can choose whether you want someone else in the room with you during your physical examination.

Aftercare

When the examination is over your nurse will explain what they saw when they examined you. They will then let you know if you need to have any future appointments so that you are healthy, and we can talk to other services to make sure you are kept safe. If you want to, you can then take a shower at the centre and change your clothes. You can also relax in our lounge and ask your crisis worker any questions you may have.

Take care

Before you leave we will give you some information to take away with you including a booklet called ‘Summary of Your Care’. This has information on the care you have received, any medication you have been prescribed and details of any further appointments. We want to know how you are doing after your visit and understand that you might have questions. You can call us at any time if you have questions. With your consent, we will call you in six weeks to see how you are and offer additional support.