

Aftercare

When the examination is over, the nurse and crisis worker will talk to you about how you are feeling and discuss any referrals into further support and care services. We will also check that you have a safe place to go to when you leave the centre.

After you leave, if you have any questions or need advice, you can call us anytime.

With your permission, we will contact you six weeks after your appointment to see how you are doing and find out if you need any additional support.

Safety

If you have concerns about your personal safety then please contact the West Yorkshire Police for advice on 101. In an emergency always call 999.

Our service is available 24/7/365 days a year.

Call now to get advice and support and make an appointment.

0330 223 0099



The Address:

Sunningdale House
10 Turnberry Park Rd
Gildersome, LS27 7LE



Helpful Organisations

West Yorkshire Independent Sexual Violence Advisor (ISVA) Service **03303 031 971**

Bradford Rape Crisis and Sexual Abuse Survivors Service **0800 4480710**

Survivors West Yorkshire (SWY) - Specialist sexual abuse support service **01274 965009**

Survivors UK - Information, support and counselling for male victims/survivors of rape and sexual abuse. **02035 983898**

RASAC (Kirklees, Calderdale and Wakefield Rape and Sexual Assault Centre) **0300 3034787**

Calderdale Women's Centre - info@womencentre.org.uk

SARSVL (Support after Rape and Sexual Violence Leeds):
- **0808 8023344**

Basis Yorkshire (Basis supports indoor and street sex workers who identify as women, and young people who are sexually exploited) **0113 2430036**

Yorkshire MESMAC - Sexual health services for BAME people, LGB&T people, sex workers and those misusing drugs: www.mesmac.co.uk

Drug Rehab - An online resource providing information and support on addiction:
www.drugrehab.com/addiction/alcohol

Feedback

We love receiving positive feedback about the service we provide, but we are also happy to receive any suggestions for improvements.

Knowing what we are doing right, and what we could do better, will help us to continue delivering excellent care.

You can leave us feedback in-person at our centre or via our email at: hazlehurstcentre.sarc@nhs.net



Tracy Brabin
Mayor of
West Yorkshire



Sexual Assault Referral Centre

Adult and young person leaflet (16+)



Confidential healthcare and support for children, young people and adults in West Yorkshire, following sexual assault or rape.

Call 24/7/365 for help.

0330 223 0099
www.hazlehurstcentre.org



Service provided by:



Welcome to The Hazlehurst Centre

The Hazlehurst Centre Sexual Assault Referral Centre (SARC) offers free support and practical help to anyone in West Yorkshire who has experienced sexual assault.

Our service is completely confidential, and you do not have to give any personal information in order to get help.

 **0330 223 0099**

At the centre, we provide a medical assessment, a forensic examination (for the purpose of DNA collection), support services and aftercare referrals for further treatment, support and guidance. You will be offered these services based on your individual needs.

You will need an appointment before coming to the Hazlehurst Centre.

If you are aged 16 years or older, you can either report the incident to the Police and they will arrange an appointment for you. Or, if you wish to attend without Police involvement, you can call us and speak to one of our specially trained nurses who can arrange an appointment for you.

We will support you throughout.



**A SARC is a
Sexual Assault
Referral Centre**

Accessing our SARC service

You can report to the Police, who will gather information about your case, arrange an appointment for you and bring you to our centre. When you attend with the Police, they will wait in a separate area of the centre until the examination is finished.

You can also attend without Police involvement (as a self-referral). Please call us to speak to one of our nurses and arrange your appointment time. This option allows you to receive important healthcare and have evidence collected, without reporting to the Police.

You can also be referred to us by another service (such as your GP or sexual health), but we will still need to speak to you to get your consent to make an appointment.

Before your appointment

Staff at the centre can advise you on how to preserve evidence before you come to your appointment, such as not washing your body. We understand that this may have already happened and, if so, you can still attend your appointment.

We recommend bringing comfortable clothes to your appointment as you will likely be at the SARC for a few hours (dependent on individual needs).

In order to ensure patient confidentiality and privacy, our centre only take one appointment at a time. Therefore, please do not visit the centre earlier or later than your time of appointment.

We understand that this is sometimes unavoidable. If you are going to arrive early/late please call and let us know as soon as you can.

At your appointment

When you arrive at the centre, you will meet our crisis worker and one of our nurses. Your crisis worker will stay with you, to help and guide you, during your time at the centre. Our crisis worker and nurse will assist you, answer any questions you may have and explain what happens during your visit.

We will complete a holistic medical assessment and, as part of the visit, we will talk to you about your healthcare needs, such as risk of infection or pregnancy.

We can also provide medication such as emergency contraception, if needed.

Our team can also provide immediate sexual health counselling and information about screening for sexually transmitted infections (STIs). We do not conduct STI screening at the centre, but we can support you and discuss referrals into sexual health with you.

Medical Examination

Depending on when the incident occurred, you may be offered a forensic medical examination (conducted by our highly skilled and compassionate nurses). This includes examining any physical injuries and collecting forensic samples. If an examination is something you are considering, it is best to contact us as soon as possible.

If you choose to attend for a medical examination, you can stop or change your mind at any time. You will still be offered full support from our team.

If you have attended with the Police, we will give any evidence to them, to support with your case. Or, if you have attended without Police involvement, we can keep your forensic samples secure at the centre, giving you time to decide if you wish to engage with the Police at a later date, whilst preserving forensic evidence.